



Parent's Guide



Welcome!

Welcome!

We warmly welcome you and your child to the club Leiknir. It is our wish that with this little brochure you will get all the basic information you need to start enjoying being in our club, your club, Leiknir!

Leiknir is a club where everyone is well received and is primarily run by interested parents. The club is nothing more than the people who register for the game and take part in the work. We encourage everyone to be active participants and have fun in club Leiknir!

Sign up for the category group Facebook page!

Each category group in the club has its own facebook page. Coaches use the pages to provide information and it is therefore necessary for parents and older practitioners to have access to the pages. The club also puts information on the pages when events are ahead and fundraising.

3-5 years - Sports school

Leiknir 8.flokkur (male and female)

1st and 2nd grade:

Leiknir 7.flokkur kk (female) Leiknir 7.flokkur kvk(male)

3rd and 4th grade:

Leiknir 6.flokkur kk /(male) Leiknir 6.flokkur kvk(female)

5th and 6th grade:

Leiknir 5.flokkur kk /(male) Leiknir 5.flokkur kvk(female)

7th and 8th grade:

Leiknir 4th category kk /(male) Leiknir 4th category kvk(female)

9th and 10th grade:

3rd category Leiknir kk /(male) Leiknir 3rd category kvk(female)

Leiknir has used the registration and communication program [Sportabler](#) and it works mainly as a registration and payment program, but it can also be used in communication between practitioners / parents and coaches. Further information can be found from the coaches of each category, so it is a good start to apply for access to the categories' Facebook pages to see which coach takes care of each category then and when.



Exercise

The club's training takes place in our club area, Leiknisvellir. During the winter, the teams also train in the sports hall of Fellaskóli and the club is also allocated training hours in the football hall in Mjódd.

It is practiced all year round, but short breaks are taken in parallel with holidays in primary schools (winter holidays, christmas holidays, easter holidays). Summer holidays usually start after mid-July and last until the shopkeepers weekend(Verslunamannahelgi).

The practice timetables can be found on Leiknir's website under: æfingatöflur:

æfingatöflur:
(<https://www.leiknir.com/fotboltilak/aefingatoflur/>).

Absences must be reported to the coach.

Training fees

The training fees are largely covered by the operation of children and youth work at the company. However, the company's policy is to set training fees in moderation and they have always been among the lowest in the country. In this way, the club promotes that everyone can play football.

Each football season at Leiknir lasts from October to September a year later and training fees are based on that. Payment of training fees is made through Sportabler. You can also use the leisure card.

A general condition for participation in tournaments on behalf of the club is that the payment of training fees has been completed.

The leisure card

All children and adolescents aged 6 - 18 with legal domicile in Reykjavík receive a leisure card. The leisure card is a 50,000 ISK grant from the City of Reykjavík that can be used for the child's training fees. The leisure subsidy can be used through the payment process in Sportabler.

If you are in doubt about the leisure card, do not hesitate to seek help from the staff at Leiknir's office.

Tournament of junior classes.

All of Leiknir's divisions regularly take part in tournaments and tournaments are a regular part of the company's work. Parents need to be aware of the conventions and that they may incur additional costs. The club always sends teams to compete in Íslandsmót (national tournament) and Reykjavíkurmót (regional tournament).

There are no participation fees at these tournaments, but it can be a travel expense if you compete with a team abroad in an Icelandic tournament.

It is not mandatory to take part in open tournaments, but the tournaments that the club usually registers for are the following:

Category 3/Flokkur 3:

Reykjavíkurmót (from November to April).

Íslandsmót (from May to August).

Gothia Cup, every other year. The tournament is held in Gothenburg, Sweden and takes place in July.

Category 4/Flokkur 4:

Reykjavíkurmót (from November to April).

Íslandsmót (from May to August).

Gothia Cup every other year (2018/2020/2022). The tournament is held in Gothenburg, Sweden and takes place in July.

Category 5/Flokkur 5:

Reykjavíkurmót (from February to April).

Íslandsmót (from May to August).

Boys: N1 tournament in Akureyri. The tournament takes place around the end of June / beginning of July.

Girls: Síamót Breiðablik Tournament in mid-July. The duration of the tournament is four days.

Category 6/Flokkur 6:

Various open club tournaments over the winter.

Íslandsmót in the beginning of June.

Boys: Króksmót in Sauðárkrókur in mid-August. The duration of the tournament is two days. Also the company Orka tournament on the islands. The duration of the tournament there is five days.

Girls: Various tournaments in which they participate.

Category 7/Flokkur 7:

Two to three open tournaments over the winter.

Boys: Norðurál tournament in Akranes in mid-June.

Girls: Various tournaments in which they participate.

Parental assistance is important in connection with tournaments, whether it is related to the organization before the tournament, the tour guide, the acquisition of resources and more.

Attn. All parents and coaches should familiarize themselves with the Leiknir Tournament Handbook for all further information about host tournaments.

Team costume/ sports suit/uniform.

Training equipment includes football shoes and sportswear. It is important to dress accordingly to the weather. Remember to label the children's clothing!

Played games in sports clothes from Erreà and all practitioners must wear a shirt, socks and shorts. It is also good to have rainproof suit or a coat for training. In competitions, it is mandatory to wear leggings.

Sport Company is Erreà's agent in Iceland and handles sales of Leiknisfatnaður.

errea.is

Sport Company ehf.

Bæjarlind 14-16

200 Kópavogur

Photoshoot

Team photos are taken once a year and usually in September approx. Before the change of party and so on, the pictures have been handed over to practitioners at the harvest festival a few weeks later. The photoshoot is advertised on the facebook groups well in advance. Practitioners show up at the advertised time in competition/sports uniform.

Fundraising.

To cover the cost of tournaments and even practice participation, the club offers fundraising over the winter for all participants. The fundraising is in various ways and is presented on the club's Facebook pages at any given time. Fundraisers are held regularly and are varied, and participants have been diligent in recent years in selling, for example: toilet paper, food, sweets, and cleaning kits, and more. Participants have also collected cans and even access to counts in

supermarkets. By participating in the collections, many parents have avoided the cost of holding an event.

The arrangements for each fundraiser are as follows:

1. The participants sells the product / takes down orders.
2. Then sends an email to the email address (provided each time) with information on how much was sold; quantity, participant's name and ID number, category and telephone number.
3. The participants or guardian of the participants picks up the product at sport facility Leiknishús at the specified time, pays for it by bank transfer or pays on the spot and then takes care of delivering the products to the buyers.

Parents and football.

Parents are welcome to watch exercises and watch their child practice. It is especially important to attend when the children participate in tournaments and competitions. Get involved by encouraging the team going forward and everyone who is playing. Focus on the team as a whole and do not just encourage your child.

Parents are welcome to talk to the coach about the training, but it is not allowed to enter the field during games or training.

Do not interrupt exercises by talking to the child while he or she is exercising or the coach is at work and training them. Everything has its time and place.

Help the coach to guide and teach the players during the game. Help your child/children enjoy football with positivity but demands to do his best.

Parent council - your participation.

Each category has a parent council that is elected each year at parent meetings held at the beginning of each season. Parents are encouraged to attend parent-teacher conferences. This way, you as a parent can take an active part in the work of the party. The parents' council, for example, manages trips to the tournaments as well as being the parents' liaison with the coach and the club. By volunteering to participate in the parent council, you can take part in club's work and can help the club become even better.

Events and entertainment.

The club holds various events for children and adults.

Fixed events are:

- Uppskeruhátíð yngri í flokanna...-The harvest festival of the season of the younger classes, which is held at the end of each season.
- Spilað á spil á aðfangadag með meistaraflokk.-Play game on Christmas Day with a champion team.
- Ýmsar uppákomur innan flokkana.-Various events within all categories.

Events for adults:

- Þorrablót -midwinterfestival name of Þorri.
- Stuðningsmannakvöld að vori.-Supporters' evenings in the spring.
- Lokahóf að hausti.- Season closing ceremony in the autumn.

We especially encourage parents to attend the events that the club holds and thus get to know other people participating at the

tournament (Leiknisfólk). Let's strengthen the social capital in our neighborhood. Club is nothing but the people in it.

Champions League

The club runs a champion team and is the flagship of the club's achievements and the pride of 111 Breiðholt. The club encourages all practitioners, parents and amateurs to attend the games at the champion class and thus create a good atmosphere in the stands. It is important for our players to find the support and no less for the younger players to be able to watch their role models play with the ball.



Where can I find information

The facility house Leiknishúsið is open from morning to evening. Everyone is welcome and the name of the jug is there. Practitioners have a refuge in the Leiknishúsið and the Leiknissvæðið is open to children all day.

The office is open every working day and the company's staff is ready to assist.

Managing Director - Stéfán Páll Magnússon. He takes care of everything related to the day - to - day operations of the company.

Head coach - Halldór Geir Heiðarsson. He takes care of professional work and can answer all questions such as exercises, training time and types of training.

Field manager - Make sure to keep sports facility and the sport house in good condition. Feel free to talk to him if you see broken glass, debris or anything like that in the area of the club. You also look for him if your child misses someone or has forgotten something in sport facility or out on the field.

Website - Leiknir.com

Leiknir's website is www.leiknir.com and there the company publishes all the main news from the company's work. There you can find fees, the company's information plan for training hours, exercises and various other things related to participation in the club's work. At the top of the website you will also always find information about the next games the club is playing, whether they are juniors or champions.

Phone numbers and email

addresses.

Sport facility (Leiknishús): 557-8050

Leiknir office (Skrifstofa Leiknir): 557-8010

Leiknir managing director (Leiknir framkvædarstjóri) e-mail:

leiknir@leiknir.com

Leiknir accountant (Leiknir gjaldkeri) e-mail:

gjaldkeri@leiknir.com

(training fees and fundraising)

Leiknir youth council (Leiknir unglingaráð):

leiknirung@gmail.com

The role of parents / guardians at Leiknir:

- ✓ Parents / guardians are the role models for the children and need to behave accordingly.
- ✓ Be encouraging and remember that this is a game and not a world championship, children can make mistakes.
- ✓ Be positive - it's all so much more fun when we're positive.
- ✓ Respect the work of coaches - talk e.g. no personal issues during training. All coaches provide an email address and phone number where they can be reached.
- ✓ Respect the work of coaches/judges - many are taking their first steps in their work as judges for junior teams and need space to get experience.

WE HOPE YOU ENJOY BEING A CLUB PARENT AND WORKING WITH US ALL TO MAKE A GOOD CLUB EVEN BETTER !

